



PLANT SPOTLIGHT OF THE MONTH



Sedum (Hylotelephium spectabile)

This is a recognizable and well-loved late-season perennial. The straight species is difficult to find; at most nurseries you will find a cultivar such as

"Autumn Joy." While not native to our region, it is naturalized and heavily visited by bees and other pollinators. It is drought tolerant and likes lots of sun and somewhat rocky soil. While deer do like to browse this plant, it is pretty resilient and will often still produce lots of showy blooms if you have a large enough patch.

Autumn Eco-Landscaping Services

- Installation of spring-flowering bulbs
- Tree services with a certified arborist
- Garden & woodland cleanup
- Design and installation of gardens, patios, fences, raised beds, container gardens, and irrigation systems
- Dividing and transplanting perennials

We can help make your home and garden beautiful and beneficial—for you, the ecosystem, and the planet. [Learn more and book services via our website.](#)



**Portfolio Highlight: Labyrinth
Project**

This was such a fun project to install, and the sedum groundcover will continue to fill out more over time. This is a great idea for encouraging the garden to be a space of insight and awareness. Check [our facebook](#) for other process photos!



Updates from our Applied Research and Education Branch

Did you know that our [EFTE-ARE](#) site always has free resources available for your use? Be sure to refer to Dr. Billger's article on [Autumn Dos and Don'ts for Healthier Plants and Fewer Weeds Next Spring](#). For those interested in foraging for autumn food (particularly mushrooms!), you may enjoy our article on [identifying Giant Puffballs and turning them into pizza!](#)

Plant Calendar

Check out our [new resource to help map the shifting seasons of local plants](#). This calendar will be continually updated and provides information on selected plants to look for each month, whether you're interested in beautiful native blooms, locating invasive plants to dig out at appropriate times, foraging ideas, or all of the above.



Awesome Autumn Asters!

From wild Wood Asters to native New England Asters, we're enjoying the beauty that nourishes us and the pollinators, too. If your garden or woodland lacks early-fall color and nectar, consider adding some Asters during this ideal planting season.





The Crop Corner

In this spooky time of year, why not plant some garlic to keep the vampires away (and to provide delicious food for next year!)

- Choose a sunny spot in your garden to plant cloves 4-6" deep and 6" apart
- Cover with a little mulch/hay/pine needles/what have you. You can make the layer thinner in spring.
- You can certainly try planting cloves from any store-bought garlic, but it isn't recommended since you may not know if it's a type of garlic well suited to your growing zone or if it might be treated with something. Besides, there are so many fun other options to try! Once you get going with your desired type, it will be a cinch to save bulbs for each successive year.

Eating for the Ecosystem is a woman-owned business with predominately-female work crews. In addition to our meticulous and eco-friendly practices such as limiting our carbon footprint and composting landscape debris, we



are also committed to helping clients learn more about—and develop stronger relationships with—the plants in our ecosystem.

Help us Grow

If you believe a friend or family member would like to learn about Eating for the Ecosystem, please [forward this newsletter](#).



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