



Turtlehead, Goldenrod, Sedum, oh my! Fall is almost here, bringing with it our familiar favorite flowers, nuts, pumpkins, and cheer (hopefully!). Fall is also a perfect time to do plant installation, especially trees, so make your plans now and reach out to us for eco-landscaping help.

PLANT SPOTLIGHT OF THE MONTH



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***Apios americana* (American Groundnut)**

Also called Wild Potato or Hopsniss, this is a stunningly unique vining plant that provides rhizoming edible tubers as well as pretty late-summer pea-like blooms. It ~~is~~ ~~weq~~ ~~i~~ ~~ve~~ ~~e~~ also thrives in partial shade, so if you've been searching for an edible and beautiful plant to grow in your semi-shaded areas, look no further. Be sure to keep the soil consistently moist and to provide support structures to keep the vines somewhat neat-looking. This plant is native to our region; Native Americans likely taught the Europeans how to harvest the root and prepare the potato-like tuber properly. The immature young pods can also be eaten and are said to taste somewhat like green beans.

Late Summer Eco-Landscaping Services

- Chemical-free weed & pest management
- Tree services with a certified arborist
- Garden & woodland cleanup
- Design and installation of gardens, patios, fences, raised beds, container gardens, and irrigation systems
- Dividing and transplanting perennials

We can help make your home and garden beautiful and beneficial—for you, the ecosystem, and the planet. [Learn more and book services via our website.](#)





Poison Ivy Tips for Eco-Conscious Humans

Be sure to check out [our newest article about Poison Ivy](#). We address some interesting points on the ecological role of Poison Ivy as well as practical advice for reducing it on your property and managing exposure symptoms.

Spotted Lanternfly Update

If you missed our free video lecture and discussion on safe and effective Lanternfly treatment (and why there's no reason to panic!), you can [check out the zoom recording at our youtube page](#).

THE CROP CORNER

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-Pinch off the tops of tomato plants and reduce foliage–this helps the plant give more resources to already-ripening fruits

-Keep cutting back your lettuce and spinach to prevent from bolting

-Do keep watering as usual; the temperatures are still pretty warm

-You still have time to plant cold-weather greens and radishes!



Eating for the Ecosystem is a woman-owned business with predominately-female work crews. In addition to our meticulous and eco-friendly practices such as limiting our carbon footprint and composting landscape debris, we are also committed to helping clients learn more about—and develop stronger relationships with—the plants in our ecosystem.

Help us Grow

If you believe a friend or family member would like to learn about Eating for the Ecosystem, please [forward this newsletter](#).



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