



PLANT SPOTLIGHT OF THE MONTH

Lobelia siphilitica

This easy-to-grow beauty, native to North America, can be an overlooked pollinator-attracting plant. It would be an excellent choice for a rain garden, as it tends to prefer moist soil (though it can adapt). It is not a preferred choice of deer, so no matter where you live, the blooms should stay in tact through early autumn. Interestingly, as the name implies, Indigenous use of this plant included various medicinal applications, including for Syphilis.



Early Autumn Cleanup Special

Is your garden looking a bit overgrown, weedy, or lackluster these days? EFTE is here to help revitalize your space for autumn and beyond. We use non-chemical

methods to remove weeds from the root and get your gardens gorgeous again. Our fall services include dividing and transplanting perennials, installing trees and shrubs, finding and removing spotted lanternfly eggs, and installing spring-flowering bulbs.

Cleanup special: **\$50 off any garden cleanup services totaling \$325 or more. Use the code BYEWEEDS.** Offer extended until October 31, 2019. Not to be combined with other specials or discounts.



Did you know that Autumn is the best time to plant many kinds of shrubs and trees? If you've been thinking of installing edible fruit trees, this is an excellent time to do so. The weather is ideal for giving roots enough time to establish to give a head start in growth when Spring arrives, yet it's not so hot to require tons of watering.

Basic Tips for Fall Fruit Planting

- Make sure to select a plant that does well in your growing zone. Common choices for Pennsylvania include plum, peach, pawpaw, persimmon, cherry, apple, and amelanchier.
- Find out whether your chosen plant requires a companion/pollinizer plant or is self-fertile. Some trees when planted alone will not bear fruit.
- Have compost on hand when planting to mix in with the native soil and use in the planting hole.

Fall Services at EFTE include:

- Tree Services, including removal and pruning
- Integrated Pest Management, including Lanternfly management
- Garden design and maintenance
- Aerating and amending soil
- Weed management
- Installation of a variety of native and pollinator-attracting plants
- Installation of spring bulbs



from our social media feed...

Caring for a Sick Tree: Radial Trenching



There are many reasons a tree could be sick. In one of our client's home ecosystems, we found that this particular tree's roots were being crowded and suffocated by other nearby roots and that the soil wasn't very fertile. To help, we created trenches in a radial pattern coming away from the root flare (being careful not to over-disturb the tree's existing roots) and we filled them with organic matter to help nurture the soil and encourage healthier root growth. For this particular tree, we also freed it from the vines creeping around the trunk and cut out dead branches as a matter of typical pruning practice. Pruning increases health by encouraging new growth, cutting out potential areas of disease, allowing more light and air to enter the canopy, and more. Be careful, though, not to prune too close to frost, as the new growth you may have stimulated may be more vulnerable than old growth. Also take care to avoid pruning off buds, especially of flowering trees, at this time of year if possible.



Eating for the Ecosystem is a woman-owned business with predominately-female work crews. In addition to our meticulous and eco-friendly practices such as limiting our carbon footprint and composting landscape debris, we are also committed to helping clients learn more about—and develop stronger relationships with—the plants in our ecosystem.

Help us Grow

If you believe a friend or family member would like to learn about Eating for the Ecosystem, please [forward this newsletter](#).



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